

## BLESSINGS FOR IMMERSION

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,  
אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתַיִךְ, וְצִוֵּנוּ עַל הַטְּבִילָה.

Barukh atah Adonai, eloheynu melekh ha-olam,  
asher kid-shanu b'mitz'votav, v'tzi-vanu  
al ha-t'vilah.

*Blessed are You, Adonai, our God, Ruler of the Universe,  
who has made us holy with Your mitzvot  
including the mitzvah of immersion.*

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,  
שֶׁהַחַיִּינוּ וְקִיַּמְנוּ וְהִגִּיעָנוּ לְזֶמַן הַזֶּה.

Barukh atah Adonai, eloheynu melekh ha-olam,  
sheh-heh-hi-yanu v'kiy-manu  
v'hi-gi-anu laz'man hazeh.

*Blessed are You, Adonai, our God, Ruler of the Universe,  
who has given us life and sustained us, and enabled us to reach  
this sacred day.*

שְׁמַע יִשְׂרָאֵל, יי אֱלֹהֵינוּ, יי אֶחָד.

Sh'ma Yisrael, Adonai eloheynu, Adonai ehad.

*Hear, Israel, Adonai our God, Adonai is One.*