



THE MAAS CENTER
FOR JEWISH JOURNEYS
OF AMERICAN JEWISH UNIVERSITY

Marriage: For Life – Weekend Retreat

Sample Schedule

American Jewish University's Brandeis-Bardin Campus

SCHEDULE

Friday

Registration	2:00 - 4:00 pm
Introductions/Relationship Overview	4:00 – 5:30 pm
Candle Lighting	5:35 – 5:55 pm
Expectations	6:00 – 7:40 pm
Shabbat Dinner	7:45 – 8:50 pm
Love and Gratitude	9:00 – 10:30 pm
Dessert, Drinks, & Schmoozing	10:30 - 11:30 pm

Saturday

Breakfast	7:30 – 8:20 am
Communication & Curious Conversations	8:30 – 10:30 am
Conflict Resolution	10:40 – 12:30 pm
Shabbat Lunch	12:35 – 1:35 pm
Rotations <i>(Prepare & Enrich, Spiritual Practice, Dialogue Practice, Free Time)</i>	1:40 – 5:55 pm
Money with a Financial Planner <i>Dan Fienberg, CFP®, C(k)P®</i>	6:00 – 7:25 pm

Dinner	7:30 – 8:30 pm
Havdalah	8:30-8:45 pm
Intimacy & Sex with Dessert & Drinks	8:50 – 11:30 pm

Sunday

Breakfast	7:30 – 8:25 am
Integrating Families	8:30 – 10:25 am
Genetics	10:30 – 11:00 am
Emotional Aspects of Money	11:15 – 12:30pm
Lunch	12:35 – 1:35 pm
Time Management	1:45 – 2:45 pm
Partner Style and Habits	3:00 – 4:15 pm
Wrapping Up/Closing Circle	4:15 - 5:00pm