



## FOOD JUSTICE

Food Justice is communities exercising their right to grow, sell and eat healthy food. Healthy food is fresh, nutritious, affordable, culturally-appropriate and grown locally with care for the well-being of the land, workers and animals. People practicing food justice leads to a strong local food system, self-reliant communities and a healthy environment.

**Food security is when there is always access to sufficient, safe, nutritious food.  
Could we call "food insecurity" hunger?"**

### ECONOMICS

Intersection of Poverty & Hunger  
Distribution

### HEALTH & NUTRITION

### ENVIRONMENTAL ISSUES

Sustainability  
Land Use  
Biodiversity

### ANIMAL TREATMENT

### EQUITY & COMMUNITY BUILDING

Involving local people  
Local produce (that's also environmental)  
Grassroots  
New Social relations  
Stronger community  
Cultural Diversity & Culturally-Appropriate Food choices

### INTERNATIONAL CHALLENGES

6 million children die of hunger annually  
17,000 daily  
Food production has increased more rapidly than population growth  
In 2006, the # of overweight (1 billion) surpassed the # of undernourished  
(800 million)  
Water deficit  
Climate change  
Land degradation  
Genetic uniformity and vulnerability

### IMPROVED AGRICULTURE AND POPULATION CONTROL

